



WALK MORE IN FOUR 2017

Walk More in Four starts Sept 5.

Register your school for Walk More in Four and you'll be a few steps ahead. Walk More in Four starts Sept. 5 and runs through Sept. 29.

During these four weeks, students who walk or bike to school at least three times a week will be entered to win bikes, scooters and helmets donated by sponsors. (Those who can't walk or bike due to distance can practice safe walking and biking in their neighborhoods.) The three schools with the highest participation will win \$500, \$250 and \$100 respectively. Winners will be announced in October.

It's fun, easy and great for your kids. Here's all you have to do:

1. Register your school at **udot.utah.gov/WalkMoreInFour**.
2. Have students record walking and biking progress online, on the enclosed form or by using the Walking School Bus App.
3. Forms must be received by **Oct. 6, 2017**. Submit in prepaid envelope or online.



Remember, schools with at least 20% participation in Walk More in Four are in the running to be a Top Walking & Biking School and win \$150 for your school and prizes for your students.